

Tuesday / Thursday Class

September 10, 2019

Dear Parents,

Preschoolers are always on the go, aren't they? Inside those little bodies seems to be an endless reservoir of energy. During the next two weeks your child will be exploring the wonderful body God has given him or her, as well as the daily food God gives them to enable their bodies to run and jump, to make mud pies and chase butterflies. We will talk about ways to keep our bodies strong and healthy by observing good health habits both at school and at home.

How our children think of themselves has a tremendous impact on their success. You can do much at home to help your child feel successful. Take time to work on skills like zipping, tying shoes, or even stirring pudding for supper tonight. Thank your child sincerely for helping and encourage them to keep working on more difficult tasks. Remind them that helping each other out is part of being a family.

Through our nutrition talks we will be encouraging them to respect their bodies as wonderful gifts from God. The goal is for them to develop the kind of inner self-respect that says, "God loves me and gave me my body. I want to take good care of it."

Healthy eating habits we will talk about: a good breakfast, choosing nutritious snacks and giving new foods a try. Don't forget how important a good night of sleep is!! At this age, **10 hours is the minimum recommended amount of sleep for your child!**

Our Bible talk tells how Jesus made a little boy well, and you can find it in John 4:46-54 in your Bible at home. We'll be sharing ways that our parents take care of us when we are sick and how God helps us. Going to the doctor will be mentioned as well as immunizations! We will start to learn about our 5 senses this week as well!

Our first book order comes home today; please return it to class by Thursday or order online by noon Friday the 14th at scholastic.com Online you will see **BOOK CLUBS then go to **PARENTS** connect to teacher. Enter this 5 digit code: **GXNTB**. Please don't ever feel any pressure to order; a trip to the library would be a great adventure as well! If you do decide to order, we receive free items for our room.**

One more **IMPORTANT** thing. Please include an extra pair of pants and undies in your child's backpack. If they are sick accidents can happen! We will keep them in their bag unless needed. I'm pretty good at taking care of the occasional accident without the other children knowing it has even occurred!

Our first show and tell is this Thursday for group #1. Bring one item and keep it tucked away in their book bag until it's time. See the list from last week's newsletter if you don't remember which group you are in.

Until next time,
Mrs. Linda Mullen

MWF and Afternoon Class

September 9, 2019

Andi Anderson is the featured student of the week!

Dear Parents,

We are off to a great start! The children are beginning to settle into a routine. Our Bible talk this week continues with our creation story, we'll get into specific details as we hear about how God created man and woman. Our Bible topic is found in Genesis 1:26-28 & chapter 2:4-25. We take so much for granted regarding how our bodies work, what if God had made us with no thumbs? We will find out how difficult it would be to do some tasks without that one small body part. God made us just right.

A topic related to our story is the garden that Adam and Eve lived in. We'll discuss what our gardens today are like, and what we grow in them. As we make a list of foods we'll talk quite a bit about seeds and how they are used to grow that plant again. If you have something in your garden that you could send to school for us to "dissect & taste" that would be very much appreciated. Let's plan on Friday for our tasting day if you have anything to contribute. We'll put our senses to work as we experiment with real food.

Another part of creation is how perfectly God made us. Our science topic will be our 5 senses: sound, sight, taste, smell and touch. We'll explore how we use them every day. This theme is repeated several times throughout the year to reinforce the concept.

A special reminder for afternoon families. If you are planning on after school care it is very helpful for us to know in advance. There are monthly forms to fill out if at all possible. We do understand however, that there are last minute times you will need us and we are fine with that. It's important to know our numbers overall so we have enough staff here to help with the students. We have number limits per each teacher. Thanks!

Starting this week the morning class will attend chapel with the rest of the K-8 students on Wednesdays. Chapel is held at St. Paul's church across the street. You are invited to join us if it ever works out for you! The children may bring a mission offering, each semester it is designated to a specific mission. What a great message to pass along to your children that we need to be willing to tell about Jesus not only with our words, but with our time, talent & treasure.

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I have noticed a few of the children write their names in capital letters, in order to work together please be mindful of using a capital letter only on the first letter when you practice at home. When the kids get used to writing in all caps it's a very difficult habit

to break. We are preparing them for Kindergarten!

Show & Tell continues this week with group #2 on Friday. Please see the list on our September calendar for group info.

Please let me know if you did NOT receive a text message last Tuesday or Friday from STPLS 995-38. This is the number you will see when we send out a group informational text from school. If you didn't get this, we need to find out why and get it fixed! Thanks!

I have a list of core instruction areas that we work into our preschool day. At this age much of it can be accomplished through games and activities. We will supplement now & then with a written 'work sheet', I believe that your children will benefit from a variety of activities. The children that show a level of readiness will be given opportunity to do more. At this age some children are still learning how to color properly, they all develop at a different rate. Even if they are not ready to master every concept, hearing us talk about topics & practice skills will help them build a great foundation for future learning.

In the next weeks we will hear new vocabulary words, we will focus on shapes, lines & dots. We will listen and try to identify same/different sounds. We will visually try to match pictures. Our fine motor skills will be tuned up by underlining words. We will talk about letters and the sounds they make. I won't include specific info in every newsletter, but this gives you an idea of how we work!

One more IMPORTANT thing. Please include an extra pair of pants and undies in your child's backpack. If they are sick accidents can happen! We will keep them in their bag unless needed. I'm pretty good at taking care of the occasional accident without the other children knowing it has even occurred. Having a spare pair will help us pull off this magic trick. Thank YOU!!

I told you all the letters wouldn't be this long, and here I go again! I promise they will be getting shorter and we get this info out.

Until next time,

Mrs. Linda Mullen